Boys and Girls A Division

Format

7v7 or 8v8 # of players: Field size: 75 x 50 yds 24 x 8 ft Goal size: Offside rule enforced: Yes Ball size: #4 10-12 Roster size: 4 x 12 min Game length: Quarters break: 2 min Half break: 5 min Game format: standard

Rules

no slide tackles enforce offsides rule indirect kick at place of infraction proper throw-in penalty kick for deliberate hand ball watch for purposeful fouls substitute player for repeated fouls